TEARS OF
MY SOUL
MUGHEES SHAYAN

Dive into a collection of emotional short stories in "Tears of My Soul: Mughees". Experience the highs and lows of the human experience through poignant tales of love, loss, and transformation. Each story offers a glimpse into the inner workings of the human soul, drawing readers in with raw emotion and powerful self-reflection. From heart-wrenching tragedies to uplifting moments of resilience, these stories will leave a lasting impact on anyone who reads them. "Tears of My Soul" is a must-read for anyone who enjoys thought-provoking and emotionally charged literature. Get ready to be moved and inspired by these captivating tales.

Dear God,

We come to you today with grateful hearts and minds filled with joy and thanksgiving. We thank you for the blessings and opportunities that you have bestowed upon us, especially for the success of Mughees Shayan in writing a book in the English language.

Lord, we know that writing a book is not an easy task, but with your guidance and inspiration I was able to complete it. We are grateful for the talent and skills that you have given him, and we thank you for using him as an instrument to share his story and wisdom with the world.

We also thank you for the English language, a powerful tool that connects people from different parts of the world. Thank you for the courage and determination that Mughees had to

write this book, and for the perseverance and patience he displayed in the process.

Lord, as this book reaches the hands of readers, we pray that it will inspire, educate, and touch the lives of those who read it. May it bring glory and honor to your name, and may it be a reflection of your love and goodness.

We ask for your continued blessings upon Mughees, may you grant him wisdom and strength in all his endeavors. And as we thank

The Tears Of Forgiveness

THE TEARS OF FORGIVENESS

An Emotional story Of a Man

I was in a bus whose destination was Capital city. I sat on extreme backside of bus, the window was open and I was enjoying the great view of twinkling stars. I didn't know why but that night my mind was busy in overthinking. I thought this may be due to consective five hours of travel. Suddenly bus got a jerk and driver informed us that bus engine is ceased and mechanic would take two hours to reach here. All passengers came out and started calling their friends and relatives to pick them at early as possible. My situation wasn't right , I thought that my stomach is hungry for a little meal. I opened map and about 1 mile away

there was a market. There wasn’t any vehicle so I decided to take journey on walking foots. After sometime I reached at destination. I saw a father and son in their car both came out of it. The son seemed to be a trouble maker. I didn’t hear what they say to each other but it was clear that son shouted upon his father. He got furious and slapped son. Father shouted upon him and both sat in their car. Then I got closer and saw ice cream fell on the floor. I went inside the market and took meal but my mind was still there. I was thinking about this incident. Was the son innocent or was son did wrong. Maybe father did correct. My thought was rotating and circulating around these questions. I went to place where I left my bus after one and half hour. The bus was ready to continue the journey, I took seat and close my eyes focusing my mind toward incident. I

thought that father was right, he want to prepare his son as a civilized boy. He want to protect him from bad habits.

My eyes got heavy tears when I said to myself : God also want that we become civilized and run away from bad habits. Sometimes he give us slap like that father. Sometimes he shouted on us due to our bad deeds. God give us punishment like that father who punished his son. My bus stop on its destination. I went out and move quickly towards my home. In a street, accidently my eyes saw those father and son near a ice cream stall. Both were licking ice cream. I saw a emotional scence that father kissed his son. I started crying and ran away towards my home. I locked myself in room and said with grief and sorrow that: God you are

merciful, you punish us, you give us slaps, you give us difficulties but you don't hate us. I said: when we do something wrong you punish us like that father, you shout on us but when we apologize you forgive us and kiss us like that father then you give us reward instead of punish. My eyes were wet with tears which were shining like diamonds in the moonlight coming from my rooms window. I prayed to him that we are like that trouble maker son. Please forgive us. When I wake up in morning , I felt easy and alright and this was a reward from my God.

Light in the dark Arab
You know who is the one for him, all Universe is shinning? Who the is the one for him, this world is alive?
Whose light is more sharper than Sun and other galaxies? He is our beloved, the beloved of "Almighty God,prophet of all living things;

light of whole Universe, Prophet Mohammad-
(PBUH)
Today I will write about his beautiful appearance and his blessed demeanour-
Hassan ibn Thabit once paid homage to the Prophet (PBUH) by reciting following words:

"My eyes have never seen anything better than you...❤

No woman has ever given birth to anyone as beautiful as you❤

•You were created free from all flaws..."
" As if exactly you were created as you wished"

As Hazrat Ali said:" I have never been anyone like him, whether before or after him"
It is reported that:Allah never sent a Prophet except that they were characterised a beautiful face and with voice
Our Prophet (PBUH) was not too tall nor was he short - His skin colour was not too light nor it too dark. He was described as being azhar al-lawn meaning he had a bright skin colour but not pale white-

His face was not too round nor it too narrow - His eyes
was extremely white, while
his pupils were extremely black-
His eyelashes were so long!
Anas ibn Malik Stated:
One night I tried to compare
moon with face of Prophet (PBUH)
and asked myself; which one of
the two is
more radiant?
Upon reflection, I came to the
realisation that face of prophet
is more radiant and beautiful than
full moon in the desert"

TALENT INSIDES YOU

The talent inside you is precious whether it is important to people or not. The Hidden talent describes your intelligtence. Everyone has it but everyone don’t identifies it. Nothing in this world is useless. If you think you’re just a loser and didn’t achieve great goals, you are still not useless. The Article is for those who try to achieve big trophies in their life.

I have seen students, who are best in computer programming, I also have seen students, who made for physics, some are intelligent in Mathematics. For some students, poetry is easy like a game, some are good in sports- I also have seen students whose calculations are accurate like calculator, Some solve a question in five minutes where. I could take fifteen. So

these examples prove something, which is that everyone has a unique talent-

Consider a good and intelligient student of Computer programming If I give him a mathentical equation to derive or prove it He may be do, but maximum chance is that he can’t solve it because he is good in programming, it donot mean that he is also best in Maths-

If I give a topic to a Mathematician student to write a paragraph on it, again maximum chance is that he can’t write on desired topic as well as he do in Maths. There are a lot of examples.

I have seen students who just take a look of question and memonged it for may be next five years. You can’t change it as it is God gifted.

Now take an example, Eagle is king of mountains, no can beat him on Mountains but if we take it into the river, he can't survive because he is made for mountains not for rivers.

If you take look in another example, fish can't fly and Eagle can't swim it is clear that everyone has a specific power. If there is an entity which can swim as well as fly, it can't be real it is just a fictional character a Novel. If you want to best in all aspects, the simply can't be possible. It is an imaginary thought or mindset. You can't be perfect like a super frictional hero as they only exists in movies and novels.

If you take a look on my story, there were two chances after which i could qualify for international contest. One was related to programming and stand was related to

electromechinical designs or models. I gave programming test but i failed Although for it's prepartion I woke up fully two nights. For model, I researched on models and selected a electro mechinical machine. I proposed institute to accept my suggestion and give me a chance, again I was rejected. I was also interested in Mathematics model but no one informs me and finally my junior got this task. This donot mean that, these all particiapents are ordinary or non intelligent students.

The student who was selected for Math's contest was Special intelligent in Maths. The participants which were selected selected for computer programming Contest were hero in their world.

After this I could loose hope but my teacher told me to write articles for magzine when I

strated that I realize that I can do something big in this field. She supports me, thanks a lot to her. I spot out my talent at that moment without her it may not be possible . In month I read four books of politics and journalism. Then I realized that Everyone has a special and unique power.

I know it hurts when you fail to achieve goal but donot lose hope you will automatically attrack towards, for where you born.

DON’T LET ENVIORNMENT TO CONTROL YOU

Don’t let the environment around you affect your habits. No doubt, the environment plays an important role in building your habits. If you

give free rein to the environment where you are living, it is an alarming situation.

If the environment starts to affect your habits, it means that your mind is weak, as it depends on your surroundings more than your willpower. Your mind will lose control over your body's actions and habits.

Environment builds up your habit.

Consider a situation:

If I enter the room and the mobile phone is placed on the table, automatically I will be attracted to it.

If I repeat this action more than a dozen times, it will take the shape of a repeating action known as a habit. Here, it is a fault of my environment design. If I put a book on the table or construct a bookshelf next to the door threshold, it will completely change the

previous situation to the opposite at 180 degrees.

Your mind always gives priority to something that is more open or clearly visible to your eyes.

You will naturally be attracted to books. So, what do we do?

Our environment provokes us to use the mobile phone, but we made some changes in the room, and look how a slight change in environment can also help us. Just by putting books on the table, we send a message to the mind that we have to read them first before the mobile phone is authorized for use.

Look at another example:

If you go into the kitchen and see chocolates on the shelf, you will automatically be attracted to

them. But if you keep the chocolates in the refrigerator and display apples on the shelf, after some days, even when you look at the chocolates, you will want to eat an apple because it will become a part of your habit.

If you do best in a good and positive environment, it doesn't mean that you are strong and have control over your mind.

If you try to do your best in a bad and unwanted environment, this struggle will lead to a strong and powerful mind. If you don't change your positive status and habits but try to change the bad environment, this act will make it impossible for you.

This suggestion is not for every condition and situation. The system, which isn't in your control at this moment, try to improve yourself first and then change the environment.

If there is a saint in Vice City, the saint can’t change the whole city, but he can change himself. He can develop good qualities and habits within himself.

When people see his habits and qualities, such as honesty and purity, and a radiant shine on his face like a diamond, they will naturally be drawn towards him. This will bring change to the environment, more than half of it.

In our simple living cases, we should change the environment but we also have to change priorities.

TALENT HAS NO WORTH

Richard Feynman Statement About Talent

When we see a person who always wins laurels, we suddenly give comments like "Oh, he’s amazing! It is a talented and intelligent person."

But the question is, did God create us as either talented or non-talented people? No, God created people equally. There is no distribution. So, what is the thing that makes a person win the statue of victory? I believed that different types of talents mean that people have different senses. Some are good in math because they have an algorithmic mind. I also believed in this phenomenon until now.

But yesterday, I was listening to the great scientist Richard Feynman. He said that there are no talented people, all people are ordinary. He said, "Of course, I was an ordinary person who worked hard." According to his philosophy, talent has no worth. There is only one thing that makes us intelligent, and that is hard work.

Two Types Of People

We always use this sentence: "There are two types of people - talented and hardworking." According to Richard Feynman, a student who is not hardworking has no right to be called an intelligent or talented boy. For example, some students work or study negligibly compared to the hardworking students, but sometimes those students who studied little get higher grades than hardworking students. This is a very harsh reality that makes a hardworking student feel stressed and hopeless. But what is the fact?

Let me tell you:

These students, whom we consider as a cone, study only for exams. An intelligent and hardworking student may not perform well in exams, but they are not just stuck on exams.

They work through cold nights in order to seek concepts. This is the difference between so-called talented and hardworking students.

My Own Example

For example, if I give you my own example. I'm the type of student who doesn't really focus on anything other than math. Always. I end up getting mediocre results, with the worst marks in mathematics. But surprisingly, I excel at others. It's totally opposite to what Richard Feynman statement

Answer is same as I explained above, - Maybe I didn't get marks in mathematics but I can say I have more concepts than everyone else. All hardworking people are talented and intelligent. If you want to study about stuff like light, waves or molecule structures . God ain't

restricted some people and allow others to explore it. God don’t only gave ordinary mind to Max Planck and Einstein to figure out quantum physics. It’s all about interests and preferences - Concepts and exams are two separate rivers. You should perform well in exams but it has no worth without concept. But it doesn’t mean that you take concept but leave exams. We should converge both rivers at one point - Which is hardworking. Hardworking people always do their best in both exams and concepts. The one who’s only the champion of exams and has no concept of what he/she reads can’t be an inventor or scientist.

Richard Feynman said that if you are hardworking and can manage your time – If you can focus and can think about the secrets of the universe – If you're good in Mathematics, then you're a scientist.

What is Appreciation

What do you think about Appreciation? A person or student come on stage and receive a trophy or medal from the Chief Guest, we all applaud usually, we call it appreciation. But this is not the real definition of appreciation. Appreciation is the support of your favourite personality to you when you feels unmotivated and fallen. When you sit alone, far from others - when everyone is busy in congratulations amidst the crowd. When all are motivated but you feel hopeless and stressed. When you want to achieve a trophy on the stage like others but the world around you seems too busy. When you start to question yourself. When people ignore you as they don’t know you, busy in

their own win. When you see them all and then are separated from others.

Then suddenly, your favourite personality in the busy crowd calls your name, gives you support, gives you a medal, and takes a picture with you. This changes the weather within a few minutes and makes you happy, motivated, and a winner. You feel it better than the appreciation of others. Then the ignorance of the crowd does not mean anything to you and their ignorance no longer hurts you. This is called Appreciation when all are busy but one cares about you. Such a person is special to you and such a moment is unforgettable ….

MEMORIES

Every human being has a past, in this past there are countless memories. Or there is a part of our life that you can't get rid of or break the relationship with, they can be related to happy or unpleasant memories. Disperses the shadow. And the calves of the past are reminiscent of relationships.

They become a sore that can never be healed. On the contrary, there are some unpleasant memories that make us laugh at our foolishness and we want to go back in time and correct those mistakes. For this, the word "Kash" is needed and gradually this desire is born in the heart. Kash this word "Kash" would not exist.

Our happy memories don’t always have to be happy, or our bad memories don’t always have to be happy. Thinking of happy memories makes us sad because we want to go back to that moment, but life goes on. And this memory keeps us moving forward It helps to complete the personality.

These memories include a person's past. These memories help to make you a person of positive or negative character.

To make the character positive one has to forgive everyone and move on. You have to correct your mistakes because that is life.

THE TOYS

Poem

My little Son, who look'd from thoughtful eyes

And moved and spoke in quiet grown-up wise,

Having my law the seventh time disobey'd,

I struck him, and dismiss'd

With hard words and unkiss'd,

His Mother, who was patient, being dead.

Then, fearing lest his grief should hinder sleep,

I visited his bed,

But found him slumbering deep,

With darken'd eyelids, and their lashes yet

From his late sobbing wet.

And I, with moan,

Kissing away his tears, left others of my own;

For, on a table drawn beside his head,

He had put, within his reach,

A box of counters and a red-
vein'd stone,

A piece of glass abraded by the
beach

And six or seven shells,

A bottle with bluebells

And two French copper coins,
ranged there with careful art,

To comfort his sad heart.

So when that night I pray'd

I had read the poem "Toys". Its title is clear, but its theme is as obscure as a sea of meaningful and pleasant words. This poem is in form of a story in which the son of the poet disobeys the order of his father (the poet). His father seemed to find it disgraceful for him, and that's why he punished him. He gave him punishment because he was angry. After that, the son walked to his room in the late night. The poet felt it was a wrong decision to punish him, so he moved to his son's room. He saw that his son was sleeping with wet eyes, which were due to weeping. He saw his son surrounded by toys it seemed that son slept while playing them to give him little bit emotional support. The poet was filled with grief at that time to see that scene, he felt remorse and prayed to God apologizing for his furious act. His heart reminded him that

we, humans, are also like that son who sleeps through punishment because, despite disobeying God, He doesn’t punish us to the extreme. He is so merciful. Things to which we give importance more than obedience to God are just like toys. All these things, like cars, palaces, money, and fame, are like toys. They have no worth if we disobey God, they just provide us some temporary support when we lost far away from God but when we apologize, He forgives us. So, he decided to forgive his son. The name of this poem has a deep meaning. "The Toys" - this title is very simple, but it leave me inside the deep valleys of thought.

UNFULFILLED WISHES

Human beings are body of thousands desires. Every human being has immense desires and he wants to fulfill all these desires. He knows that the Lord Almighty will give "Kun Fakun" to each of his desires. But this is not always the case for every desire. It is impossible to be complete because not every desire of man is necessarily fulfilled. As long as our desires remain unfulfilled, then man continues to work hard, his quest is to do everything possible to fulfill this desire and then when When that desire is fulfilled, then his dedication gradually decreases and man starts running after new desires.
It is very important for some desires to remain unfulfilled. Those desires teach a person the skill of living. A beautiful feeling like patience is created in a person and he values many things. It is better for Often we

ask the Lord of the worlds for better things, but He blesses us with the best, but a hasty person does not know about this and keeps doubting the Lord Almighty. Then he starts running after this one desire. The Lord Almighty never wastes the hard work of man and continues to bless him with happiness in return.
Sometimes there is no substitute for these unfulfilled desires. Anything can be given in exchange for it, but the pain of this pain is always present in the heart. I pray to the Lord Almighty to grant these desires in favor of man. Make it the best and give it to them. Because many prayers of all of us are waiting for his one "Kun".

HOW TO FOCUS ON STUDIES

In this era, especially teenagers find it difficult to concentrate fully on their studies. There are a lot of reasons that act as a barrier between them and their studies. I am going to give some simple rules and strategies which will help all of us to boost our academic performances.

Make it attractive:

Our mind always tends to choose the easy and simple way to do something, the thing that requires less resistance. So, connect your studies with an activity you love the most or create a separate and small area for your studies. For example, if you like chocolate, of course you will eat it. So, why not connect it with your studies? I'm going to tell you how. Say it simply, "I will eat this chocolate when I'm done with my homework or assignments for three

subjects." After completing the assignments, you can eat the chocolate and this behavior will gradually turn into a strong habit after some days. Then, you will automatically prioritize doing assignments first because your mind will not allow you to eat chocolates before completing them. This is a simple way to connect your goal and habit.

Swipe out Distractions

Nowadays, for teens, there are a lot of distractions that don't allow them to focus on studies. For example, the mobile phone is an addiction that is very difficult to separate from our daily routine as it is also An essential device to boost up our daily routine tasks. To make its unnecessary use distasteful, you have to read its disadvantages. After doing that, you have to change the environment by putting

books and a bag in front, while the mobile phone must be hidden. You must always keep its disadvantages and health issues in mind. As Hebb's law states, "Neurons that fire together wire together."

This means you have to repeat actions frequently to make it attractive and highlight the benefits of avoiding a bad habit to make it seem unattractive.

Take Interest:

The best way to take a laser beam focus on studies is to take interest, whether it is by aiming to know about Epistemology or by loving the life and character of a philosopher or scientist. It is a basic phenomenon of the mind that it always acts the behavior of the character you love.

Have you ever noticed any child who acts like a cartoon character? They always use dialogues of their favorite character and wear shirts or hoodies printed with beautiful pictures of that character. Similarly, if you love a writer, you will start to act like him and also take an interest in writing. Your writing will be similar to his style. Apply this on your studies. It will be effective, Insallah

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HOW TO ACHIEVE IMPOSSIBLE

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style. Apply this on your studies. It will be effective, Insallah

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You don't someone for their looks bcz you....

Oscar Wilde's quote left me deep in thought. Of course, it may also bring forth emotions. What is love?

Love is said to be an attraction between two living things. This attraction is not only between a boy and a girl; love is a beautiful emotion that extends to every relationship. The love between a mother and son, a father and daughter, siblings, old people, teachers, and students - so don't confine love to just romantic love.

This beautiful emotion is a precious gift from heaven. I think its definition should be

like this: "Love is the beauty that Prophet Adam (PBUH) and Eve (PBUH) brought with them from heaven to earth." Love is the language of God; loving is a characteristic of God, and love is the only emotion by which our life goes on.

That's why we humans should talk to each other with love, and since it is the language of God, we humans must love each other as it is a quality and characteristic of God.

Love and Soul:

Why do we always connect soul and love? Because true attraction is an attraction of the soul. Love doesn’t care about looks and wealth, it is not based on material things. If I were to write about soul-based love, I would say that this type of love doesn’t

require any connections, gifts, or conversations because it is a requirement of the body, not the soul. Souls that have an attraction for each other create a pathway for meaningful conversations. For lovers, beauty doesn’t hold much significance. Let me give an example: We often have a deeper love for our old houses compared to new, modern and spacious houses because the old houses hold memories. Objects also do not hold true love. For instance, whenever I come across my parents' clothes, I always kiss them. I save my teachers' comments and reviews, revisiting them again and again as they give me strength and hope.

Because they sing a song only you can hear:

This means that if you are sad and don’t tell anything about your sadness to a person

who loves you, that person will identify the problem inside you. Because in a crowd of people, that person is the only one who can hear the voice of your heart. We don't need daily conversations with them, and there is no need to express problems. Because a real person knows the music of your heart, whether your heart's violin beats sad music or happy music, that person will hear the sound inside your heart. If you are laughing, but your heart is not, at that time, that person will truly feel the condition of your heart.

FEELING IS THE SENSOR OF HUMAN SOUL

It can be good and uplifting, but it can also be sad and full of sorrow. I will discuss the most common problem that our young generation is facing, which

is causing them to be physically and mentally upset. If i take a 20 years boy or .. he/she has suffer more stress than old man of 18 cen . But why does this happen?

What is the cause of this stress? :

I am not going to discuss its causes as it includes mobile phones, false love, study stress, and many more problems, and it might take a lot of time. So, the biggest cause of stress is that people don''t express their feelings. They think that there is no one to feel their happiness or grief. This major cause is the lack of trust in society. I'm not going to say that they are wrong because our society can be very cruel, and this is the truth. But my question

is, if you are happy, then by expressing your happiness, your heart and brain will feel joy and courage. However, the person to whom you are expressing your feelings may get jealous.

Be mindful! What we do affects ourselves first. If I express happiness to my friend, then my heart and soul will be the first to feel that. And if someone gets jealous, it will not affect you and your emotions.

This lack of emotional expression results in a feeling of isolation. Some individuals may feel that their happiness or problems are not trusted or valued by society. However, it is crucial to remember that expressing our emotions is not inherently wrong. It is only when we choose the wrong person or

channel to share our feelings that jealousy may arise. It is important to be mindful of our actions, as they primarily affect ourselves. If I express my happiness to a trusted friend, my heart and soul will be the first ones to experience the joy and courage accompanying this expression. If someone happens to feel jealous, it need not affect our emotions or well-being.

It is undeniable that our society can be cruel in shaping our lives. However, my question is, if you are genuinely happy, wouldn't expressing that happiness allow your heart and brain to experience even greater joy and resilience?

don"t think about what people will think after your behavior and act, because what you do first affects yourself.

Some people loose *confidence, and some people don”t give worth to do that - Some people do*not *trust anyone and they tell about their emotions to the person whom they trust. I think this is the best way and behavior of expressing feelings because this person will also hold you if you are sad and will feel joy in your happiness. In my opinion, family, trusted friends, and other people you trust are the best choices to express your feelings to. But also express your feelings to yourself because it will make a long-lasting connection between you and your heart - for example, why do we always remember good days? Because this act and behavior calm our heart. Why am I writing this? To fulfill the keen desire of the heart - This. Give me happiness and your support also - I am just expressing emotions and thoughts*

with you to make you aware of today`s fastest spreading behavior of the young generation.

BEAUTY OF READING

Reading is an action or activity that fills up the reader's mind with a great extent of knowledge and helps to write something good or remarkable. That's why it is said that a non-reader can't be a good writer and good writers are always good readers. Reading brings the reader into an imaginary and beautiful world from which escaping is difficult. The joy that readers feel in reading insulates them from worldly activities and transports them to a new and imaginary world. The habit of reading refers to repeating the reading action with a large

number of frequency. The habit of reading is hundred times better than mobile addiction, etc. That's why children should be raised with books rather than with modern technology. If you read the biographies of scientists, philosophers, and poets, you will know that all were affected by book addiction because books are something that build character as well."

How to make a reading habit:

But how to make a good habit like book habit in the presence of mobile phones? Someone who wants to build up a strong and unbreakable habit of reading should start reading books about the genre they love the most. For example, if I am interested in self-building and self-development, then I should read books like "Atomic Habits" by James Clear, "The

Magic of Thinking Big" by David Schwartz, and "The Power of Now" by Eckhart Tolle. And if I'm interested in politics, then I should read books like "Why Nations Fail" by Daron Acemoglu and James Robinson. Reading books that we are interested in helps us to bond with the habit, as James Clear further stated, "Your goal shouldn't be to read a book; your goal should be to become a reader." One of the best ways to build a new habit is to identify a current habit you already do each day and then stack your new behavior on top. This is called "habit stacking." That's why, to build up a book reading habit, you should relate it to an already formed habit. For example, if you have the habit of brushing your teeth, then you should relate and bind it with book reading by saying, "I will brush

my teeth after reading one page." This is a simple and effective technique.

Other strategies:

Easy way to build up a book reading habit is to read small length articles if you don't want to read lengthy and complex books. Articles are easy to read and then it will help you to become a book reader. Always highlight the quotes in books and also read books with attractive covers because these kinds of things attract our mind towards books. But the problem isn't the knowledge about the advantages of books because we all already know it. The real problem is consistency. We have to make a strong habit to gain the real fruit of knowledge and education.

"Books are mirrors of the soul." - Virginia Woolf

THE COWARD LOIN

There was a lion and his little son living in a jungle with full authority and bravery. No one dared to question them because the lion was the King of the jungle and his son was the prince. One day, the lion told his son that they had to go to the neighboring jungle for some essential stuff. So he put his son on his back and started moving very fast. They climbed up a rocky hill and the lion put his son down. The lion warned him not to leave the hill because of wild jackals. The lion then moved in the dim red light of sunset. The little lion was so confident and brave that he was not fearful of the jackals. At

night, he ate the prey that his father left for two day. In the shadow of the moonlight, he slept with satisfaction and comfort. But in the morning, his eyes opened because of the horrifying voices of the jackals. The little lion moved a few steps and stopped near the cliff's edge. One of the jackals shouted, "Look! Look at this coward!" The lion said, "I'm not a coward, I'm the Prince."
"Cowards always walk away from fights. If you are brave, then come onto the land from the cliff," one of the jackals said. Then all of the jackals started to shout at him, "Coward!", "Coward!" The little lion got angry and decided to scare them by jumping down from the mountain.
But suddenly the warning of his father came to his mind, but he ignored it because of Jackle's challenge. When little loin reached the ground, Jackles attacked him but he was

strong so he killed one of them and ran uphill. Yusuf said,

“Grandfather, what is the lesson in this?" His father closed the old book and said, "Yusuf, if you have a higher rank and are special, people may shout at you and insult you. Instead of stooping down to their level in anger, stay patient and don’t compare yourself to such people." Yusuf smiled and his grandfather hugged him.

THE FEARLESS COMMANDER

5 Thousands of army, including knights, swordsmen, archers, and cavalry, were marching towards Rome from Berlin Their

aim was to conquer Rome, so they were highly motivated. There was only one phrase echoing through the valleys and cities: "We are Germans, we are fearless." After a few days, they reached the battleground which was filled with Roman soldiers, with dark red flags. The weather was so wet.

When the German Commander saw it, he became fearful. He asked the Roman Commander whether he wanted war or peace. The Roman Commander said, "We are Romans, we don't run from the battlefield." The German Commander wanted to avoid war as the Roman army was 30 times bigger than the Germans. So the Commander shouted towards the army, "Ohh! Germans, you're so brave and warriors, you want to fight. But their army

is much bigger than us, that's why we have to fall back towards Berlin because we can't allow someone to lower the flag of Great Germany."

The soldiers and commanders were not happy about leaving the battlefield, but as per the rules, they had to fulfill the orders of the Chief.
But suddenly, one commander shouted, "I will fight and cut off the Roman flag on the top of Castle," the Chief said. "Are you mad? Are you blind? Haven't you seen the terrifying warriors in front of you?" But the commander said, "I will fight alongside my 100 warriors." The Chief said that if you win, you will be declared as the Governor of Rome. But if you "Lose, you will be sentenced to death- whole Army without that Commander and these 100 soldiers

moved back. The battlefield wasn't level; the Roman Army was on high ground whereas the German Commander was at a low ground. The Romans had the advantage but the Commander decided to dig out a large area. So they started but Romans were shouting, 'Cowards! Germen Cowards!' After half a day, the Commander's map of the battlefield was filled. He shouted, 'Oh Coward Romans! Why aren't you killing me? Are you too fearful?' The Roman Army got furious and started to move. It was dusk and the field was darkening towards the Germans.

The red sun made the battle more terrifying. The German Commander moved forward alone and looked towards the sky. He said, 'God! Now it's your turn.' Suddenly, clouds

appeared and it started raining. The ground of the battlefield got too slippery and the Roman army was climbing down from the slope. The Germans moved to the mountain on their left side whereas the Romans fell into the dug well. Germans were also fighting with archers at the front, burning with fire. This resulted in a fire between the Roman Army. Romans moved back and escaped into the city. The German Commander was full of pride due to his intelligence. But the secret of his victory wasn't intelligence; it was his courage, willpower, and hope."

The Message From The Story

We all are in the world to chase, but sometimes we lose hope and face difficulties, like the chief discussed in the story. However, such people don't win any

laurels in life As failure is a part of success. Success is written for a person who doesn't feel fear and has courage and hope, like the brave commander discussed in the story. Then God helps such people, as you read in the story. Immediately, rain came and this was the main reason for Roman's loss. God will also help you against huge difficulties, just like in the story where God helps the commander with rain.

So don’t lose hope - God is with you!..

GIVE TIME TO YOURSELF

Life is beautiful and interesting. It is so kind It is the greatest gift from God But when?

When we focus and look at our life closely, we always prioritize studies, sports, current

affairs, and focus on others' lives more than our own. We see what he or she has, but we do not see the blessings that God has given us. In fact, we all want to observe our own life, but the problem is we haven't much time.

But why?

You have time to gossip about your friend, neighbor, and classmate, then why don’t you have time for yourself?

We wash our faces, style our hair, and wear clean and shining clothes. We give full time to our body, but our soul also requires some time for real care.

Why give some time to the soul?

What is love? It's the attraction of two souls. What is kindness? It's a behavior of a soul.

In fact, most of our life incidents like emotions, happiness, sadness, love, and sympathy are soul-based.
So we have to observe our own life and give some time to our soul-

But how?

It is not complex and difficult. I'm gonna give you a simple practice which will, inshallah, help you-
After doing all work and becoming tired at night, resit in a quiet and alone place. Then, close your eyes and reflect on what you have done today. Of course, you have done some good deeds and some bad ones. Now, reflect on yourself, write it on paper and promise that you will not repeat these bad behaviors tomorrow.

Remember this - In a month, you will realize the effects of that practice. It will make you a friend to yourself. Your bad habits and behaviors will also decrease gradually. So, busy human, manage some time for yourself daily.

THE STRANGE GLASSES

A girl opened her eyes on a cloudy, cold day. She felt tired and lazy, but she had to go provide her father with breakfast - Her father was in the fields because he was a farmer. The girl's mother gave her breakfast, she felt cold when she stepped out of the gate as the wind was so cold and wet. She said, "How cold the weather is." As she walked on a pathway between fields, she

saw a girl playing with glasses. The girl started to run to reach the strange girl playing with the glasses. She said, "Who are you? I haven't seen you ever in my village." The strange girl said, "I'm not from your village, I'm not even from your world." She took off the glasses and placed them on the wet pathway - Suddenly, she disappeared! The girl got nervous, thinking she shouldn't have picked up the strange glasses, which were big in size and round in style. However, a thought came into her mind that the glasses belonged to another world. She picked up the glasses and wore them. In a few seconds, everything around her changed - She saw the sky with a red color, the sky was dark red with the sun, almost black in color. The girl got too scared, left her breakfast there, and ran towards the village bazaar where she saw.

Everyone with cruel faces, all people were gossiping. Some people were fighting, some people were busy using abusive language against others. In short, in a world full of evils, all people were appearing as if they were no less than demons with no tolerance on their faces. She started weeping to see them because all these people were her village people. They all were immersed in the hell of curses. The girl got an idea and she took off her glasses. Now, this time the sky was blue, the sun was shining, and all people were so happy, kind, generous, and beautiful.

Yusuf said: "Grandfather, what was the reality and magic of glasses?" Grandfather said that this was the glasses of Mindset. If your Mindset is like that of tainted glasses, it means that you will follow a bad, jealous, and uncivilized mindset, and then everyone

around you will see evil. But if you take off that bad mindset, everyone will see you as kind and generous.

Change your mindset, but differentiate between good and bad people. For a good mindset, follow good people and make them your friends. Live around good people and talk to good people because this will make you good and will improve your mindset.

THE CHEAPIST MEDICINE

If someone is suffering from a fever, or someone is tired of anxiety, and I suggest to him the cheapest medicine. i know you are Curious! , but do you know about which

medicine i am writing? From physical problems to psychological disturbance, it is recommended. This medicine is known as "Remain Busy" - Remaining busy is the solution to every physical and physocogical problem. But how?

Behind every bad habit, there is a reason or backbone known as a "Free mind" - Here, free minds refer to minds that are not bound to any specific goal or work. When you have no positive thoughts in your mind, this creates a bridge for negative thoughts to invade the strong walls of the mind. What is negative energy? It is simply the absence of positive energy, that is when your brain isn't busy with any goals or desires, it becomes coated with rust like iron. Now look at an example like iron!

Swords are made of iron, some swords belong to kings and some belong to commanders, that's why these swords have more importance than to the kings themselves.

Now, compare that with ordinary iron in a place of comfort. But this comfort is no longer beneficial for it because after. weeks, this iron will coat with rust, it will lose value-

Now focus! both favored and ordinary sword. Both Swords of warrior or king and ordinary Sword belong to one element but have difference in value like heaven and earth. I think this example will beautifully and smoothly explain the concept of Cheapest medicine- Remaining busy with work does not decrease the level of mind but oppositely it enhances our physical and

mental health- But understand it! Don’t busy with time-wasting activities then it will be the cheapest poison to your Life.

A summary of hadith of our Prophet Hazrat Muhammad pbuh ❤ is that Empty minds are houses of Devils..

KEEP BUSY.
IT’S THE CHEAPEST KIND OF MEDICINE THERE IS.
Dale Carnegie

THE WARRIOR OF BLACK MOUNTAIN

Yakub was a cute and sweet-hearted boy with always a smiling face. He was a resident of a beautiful village full of green hills. There was a black rocky mountain in

front of the village. Yakub always resisted going there as it was too scary and dangerous. There were no animals except eagles.

One day Yakub went home after playing football. He was too thirsty, so he shouted, "Please! Give me a glass of water." His parents and siblings were not at home, but Yakub's grandfather Ayub was there to look after him. He said in a whispering voice, "Come here, Yakub." Yakub got nervous, thinking maybe his grandfather called him in an emergency. He ran and opened the door of his grandfather's room. Baba Ayub sat along the windows; the red light of the sunset made his eyes look older and scarier. He said, "Come in,." Yakub came and sat on the chair in front of his grandfather.

Ayub Baba said, "Do you watch sunset? Like this one, one day I will also sit down. One day I will move towards heaven." Yakub got serious and lost in Baba's voice.
Grandfather said that he was too brave in his younger days. The black scary mountain could be clearly seen from the window. He said he was the only one in the village who had climbed it. So he wanted Yakub to do the same. Yakub suddenly said,

"Grandfather, I'm not strong enough to climb it." But Yousuf Baba nodded and said that he will not be provided with food and water until he wins it.
After this, Baba kicked him out. Yakub was too upset, so he started weeping and shouting, but Baba Ayub didn't listen to any of his excuses. Now the village got cloudy

and dark. Yakub found a tree in a safe place, so he laid behind it. He was angry with his grandfather, he was complaining but fell asleep after half an hour. His eyes opened when the sun was rising, he looked at the sun for a few minutes and said, "If this sun, which died yesterday, can be born again, then I can also climb the mountain." He stood up like a soldier and ran towards the mountain. At first, he was too furious, so he climbed half of the mountain, but then he became tired, so he sat on a rock. He didn't have enough power to climb up more. After two or three hours, he started again but this time, he slipped and fell down. At that time, he felt like he couldn't breathe, but he found himself in Baba Ayub's hands. He was so angry with him, but then he realized that Baba Ayub had given him a second chance. Baba hugged him and said, "My brave

grandson, you won this! My aim was just to make you a brave man in the future. This time you felt pain, maybe again and again, but one day you will climb it, I know!. Mughees closed the book and said that sometimes, life doesn't give us what we want, but it's to make us strong, curious, and motivated so that next time we get three times more than what we lost.

ALL A WORLD IS A STAGE

A beautiful and well-written poem that I have ever read is All the world's a stage. It is written by English Poet William Shakespeare. The poem is enriched with emotional words, reflecting the reality of the world. It depicts that we are all like drama characters. We come on stage, perform, and

then leave. People applaud while we are on stage performing, but when we leave, a new character comes and people clap for them. Now they are the hero; people cheer for them. However, when their performance ends, they leave the stage. This process continues, and when people come on stage, they feel motivated, knowing they are hero for that time. Everyone loves them, but again, when they leave, people forget.
This explained stage is like our life - We all born without teeth, hair, and we are classified as immature - We can't drink and eat by ourselves.

Then a time comes, we grow up for school,we learn, we write and that is the time when we make friends and everyone loves us.
After this, we grow up for university life, we

get new friends and teachers, we start a new life, get a new beautiful look. That is the time we realize a lot and get on a road to maturity - We seem no one is more powerful and intelligent than us.
Again we get a new phase, a new life - Job and marriage - Now we are fully matured and so clever.
Intelligent and wise, we accumulate wealth and experience together.

After that phase, we transform into a child once more, toothless and helpless, unable to feed or quench our thirst, this is the final stage of our journey - Solitude! Just we and our God-

I am reminded of my brief journey. Today marked the final day of my college. I truly felt like that elderly man leaving everything behind - all respect, fame, and fortune - I let

go of it all. That was the day when I was appointed as the monitor of my class; then became the President and took the oath - then came the exams and sports -Time came when my favourite teachers gave me gifts and autographs.. Time began to slip away and finally, I reached the last phase - My role was assumed by others. 'I became a part of history!.

MASTER YOUR EMOTIONS

In the realm of human existence, there is a common belief that some people are more emotional while others seem less affected. However, let us dispel this notion, for as humans, we all experience a range of emotions. These emotions can include kindness, anger, and even hatred.

But what happens when someone ignores us? Normally, we might get angry and shout at them for treating us poorly. But if we let this anger control us in front of others, we become slaves to our own emotions. We lose our freedom, heroism, and ability to lead. How can we guide others if we can't even control ourselves? It's like being a prisoner to our own feelings.

So, what should we do in such situations? First, give it some time and space. Maybe the person who ignored us is tired or not in the mood to talk. It's important to consider that they may not be intentionally ignoring us—it could just be our own perception.

Second, even if we feel angry about being ignored and not receiving warmth, it can be helpful to close our eyes and remember good memories we shared with that person.

Maybe it's just our own negative thoughts playing tricks on us. Taking a positive perspective towards others is important because we can't control their actions, but we can control how we respond. It's like being in a small boat in a stormy sea. We can't control the storm, but we can navigate our own boat. That's why it's important to stay happy and positive.

Always try to be positive and respond with kindness, regardless of how others behave.
Indeed, the way we perceive and interpret the world around us greatly influences our experiences and emotions. Our mindset and perspective hold immense power in shaping our reality. It is true that our thoughts and beliefs can impact how we perceive events and individuals.

Consider, for instance, the influence of movies on our emotions and reactions. If we have recently watched a sad and emotional movie, it can leave a lasting impression on our minds. Consequently, when faced with similar situations in real life, we may find ourselves responding in a manner influenced by the characters and scenes we witnessed on the screen.

Let us contemplate a scenario where a beggar knocks on our door, and we have recently viewed a crime thriller movie featuring disguised criminals. Our reaction to this beggar's plea for assistance may vary depending on the images imprinted in our minds. If the movie portrayed beggars as criminals, we might hesitate to open the door. Conversely, if we recall a heartbreaking movie scene where a

neglected beggar suffered and perished due to lack of aid, we may rush to help them without a second thought. This illustrates the impact of our psyche and the influence of our thoughts on our actions.

From a philosophical standpoint, it is believed that our external reality reflects our internal thoughts and focus. Quantum Physics also suggests that the universe is not solid or fixed; rather, it responds to our thoughts and perceptions, shaping our experiences and interactions. In Islamic philosophy, the teachings emphasize the importance of maintaining a positive perspective towards others. It is considered a significant sin to harbor negative opinions as it not only pollutes our own mind but also distorts our perception of

the world around us. This aligns with the teachings of Islam, which encourage adherents to see the good in others, listen attentively, and think positively.

TRUST GOD

Life is full of ups and downs, and sometimes things don't go the way we want them to. It's normal to face difficulties, but for some people, those challenges can become overwhelming and make them lose hope. It can feel like everything they care about is slipping away, and it becomes even tougher when they don't have anyone to share their burdens with.

That's why it's important to have someone in our lives who we can call a friend and share our daily experiences, struggles, and the heavy thoughts weighing on our hearts. It's comforting to know that there's someone who will be there for us even on the darkest and most hopeless nights. This one is like a guardian, someone who loves us more than 70 mothers combined. Just imagine, your own mother would never want to ignore you, right? Well he who is God, created you from nothing and shaped your whole existence.

So, when life gets tough, remember that you're not alone. God is always ready to listen to you and provide comfort. His love for you is immeasurable, just like a mother's love. He will never abandon you. Even when it feels like you've lost everything, trust that

God's love is there to guide you through the storms in your life. Take solace in knowing that you have a constant companion in God, who will help you overcome any adversity you face.

You know, it's pretty incredible how two kids from the same mom can be twins, but look totally different. Like, one could be as black as night, while the other shines bright like snow. This just goes to show how awesome and creative the Almighty is!

You see, our world, along with the whole solar system, is always spinning and moving around. It's like when a kid swings back and forth on a swing. But don't worry, the solar system is safe because God's got it all under control.

Now, you might wonder why the Earth and the moon don't crash into each other, right? Well, that's because God's holding them apart. If He can handle the entire universe with all its galaxies, black holes, and clusters, then taking care of you is a piece of cake for Him. He's your savior, and if you connect with Him, trust me, He'll never let you down.

So, make a deal with God, promising to leave behind the wrong stuff and follow the path He wants for you. Once you do that, you'll see how He sticks by your side. Just like a loving parent, God is always there, holding you tight, no matter what.

THE REAL FORGIVNESS

Adam was identified by his anger, aggressiveness, and his wrongdoings in a beautiful village. Everyone seemed to despise him due to his misdeeds, and even his closest friends distanced themselves from him. Unfortunately, his parents passed away when he was just 13 years old. This tragic event plunged him into a deep darkness, as he lacked the support and guidance that parents provide. In addition, he fell in love with a beautiful girl who may have shown some interest in him, but like everyone else, she too refused to marry him. But Adam's wrongdoings and sins were overshadowed by his pure love for her. He did everything in his power to make that girl happy

and satisfy her to the point of marriage.
However, as time went by, she started to despise him due to his attitude. One day, she shouted, "Oh, you worthless person, if even God doesn't love you, how can I?" After the echoes of her hurtful words faded away, people stopped seeing him. As weeks passed, news spread that Adam had taken his own life due to the girl's rejection. People criticized him, calling him a sinner and questioning how he would face God. That's how and why he committed suicide.
But that was merely the perception people had of him, not the reality. In actuality, miles away on a rocky hill with long hairs and brown beard he patiently awaited the mercy of God. He would shout out, sometimes even resorting to beating himself in despair. He had no knowledge of the teachings of Quran sharif, but he knew one word, which he repeatedly uttered with his tongue, "God, forgive me. You are merciful."

Some villagers sought him out, and he pleaded to God, saying, "My Lord! People disregard me, they don’t care! (screaming) They hate me because of my past and my wrongdoings. My Lord! Do you also hatred towards me? (weeping)-"
After the scream and weeping, his beard got wet and he fell to the ground due to sadness and guilty. When he opened his eyes, he saw Imam Younus standing in front of him. Adam stood up and moved towards the Imam, falling at his feet. He said, "I apologize to God! But despite seeking His forgiveness, I haven’t received an answer." Imam Younus gently lifted Adam and replied, "If God didn’t intend to forgive you, why would He have sent me to you?" Imam then shared a story about a dream he had received from God, which was a sign of Adam’s redemption. Both the Imam and Adam climbed down from the hill and began walking towards

the village. As they approached, Adam hesitated, knowing that people would only hate him more. Imam asked, "Do you want to make people happy or please God? If it's the people, then go back. But if it's God, come with me to the mosque." Adam hesitated, but ultimately decided to go with the Imam. As they walked, the sun began to set, casting a red hue. When they entered the village, people gathered around them, some shouting angrily and saying, "God has long abandoned you! You have no right to speak to him. Go back!" Ignoring the negativity, both Adam and the Imam proceeded into the mosque. After half an hour, Adam came out from the mosque wearing a green turban and holding the Quran Sharif in his hands.

As weeks passed, people started to show love towards Adam. One night, Adam was wandering the streets with a rope in his hand. The girl who

had previously rejected his proposal approached him with a sense of guilt and allowed him to marry her. However, Adam replied, "I believe in repentance. I used to love people, but now I love my Lord because He loves me unconditionally, without counting my deeds. He is not like you."

(Imam Adam moved towards the Mosque)

STOICISM ABOUT SELF DEVELOPMENT

The Stoic philosophy, which I find truly inspiring, plays a vital role in our lives by offering a positive and meaningful approach. It teaches us how to navigate difficult moments and challenges during our journey of self-development.

One of the most challenging phases in personal growth is when a person becomes discouraged and loses hope due to small difficulties. This happens because we often want to improve ourselves quickly and see immediate results. This impatience can lead to frustration and anxiety.

However, Stoicism reminds us to embrace patience and accept that progress takes time. It encourages us to focus on what we can control and let go of things beyond our influence. By shifting our mindset, we can find inner strength and regain hope even in the face of setbacks.

The Stoic philosophy teaches us to develop resilience and inner peace. It encourages us to see difficulties as opportunities for growth, rather than reasons to give up. By focusing on our thoughts, actions, and

choices, we can overcome challenges and continue our journey of self-improvement.

Remember, we all encounter obstacles along the path of self-development. However, by embracing the Stoic philosophy and its principles, we can find solace and strength during difficult moments. It reminds us to stay positive, persevere, and use setbacks as stepping stones towards personal growth and a more fulfilling life.
During my journey of self-development, I experienced frustration and a loss of hope due to small difficulties or feelings of guilt. These emotions would linger within me for weeks, making it challenging to maintain a positive outlook. However, I realized that it was important to break free from this cycle

and remind myself that such hurdles are a normal part of being human.

Let me share a simple analogy that reflects the philosophy of life. Consider a ventilator—a device that helps people breathe. When someone is alive, the ventilator's line oscillates between upward and downward movements, indicating the flow of breath. However, when a patient passes away, the line becomes straight, demonstrating the absence of breath. This analogy reminds us that life is filled with ups and downs, challenges and victories.

To truly understand the philosophy of life, we must recognize that facing obstacles is a natural part of our existence. It is through these challenges that we learn and grow. Instead of allowing ourselves to be consumed by guilt or frustration, we should

embrace these moments as opportunities for personal development.

By accepting that hurdles are a common aspect of everyone's life, we can shift our mindset and regain hope. It is not the absence of difficulties that defines us but our ability to face and overcome them. Let us remember that life is a journey with its share of ups and downs, and it is through these experiences that we can truly grow and thrive.
When faced with frustration, it is important to approach the situation with a mindset focused on overcoming the challenge rather than dwelling on negative emotions. Rather than trying to escape or avoid the difficulties, the best effort we can make is to confront them head-on, without

allowing ourselves to be consumed by grief and frustration.

For instance, let's consider a situation where you wanted to catch a bus to go to college, but you couldn't reach on time and it left without you. If you were an ordinary person, it would be easy to blame yourself, thinking, "Why couldn't I wake up early? It's entirely my fault." However, this self-blame is not the right way to handle the situation.

Instead, take a moment to acknowledge the disappointment and frustration you may feel. But then, remind yourself that everyone encounters setbacks and unforeseen circumstances in life. It is essential to adopt a compassionate and understanding attitude towards yourself. Recognize that you are human, and it is

natural to face challenges and make mistakes along the way.

Rather than dwelling on what went wrong, focus on what you can learn from the situation. Use it as an opportunity to improve and adjust your approach in the future. Maybe you can set multiple alarms or plan your morning routine more efficiently to ensure you reach the bus on time. By shifting your mindset from self-blame to problem-solving, you can overcome frustration and move forward in a constructive manner.
Even though you missed the bus this time, don't worry, you can still go to college. Going to college on foot is good for your body and mind, so it's important not to miss it next time. This is something you should focus on.

In both situations, instead of getting upset about missing the bus, I want you to stay positive. Look ahead to tomorrow and make a promise to yourself that you won't miss the bus again. This requires courage, determination, and inner peace. It's important to believe in yourself and make a strong commitment to not miss the bus tomorrow.

So, don't let the frustration of missing the bus bring you down. Instead, use it as motivation to do better. With a positive mindset and a strong determination, you can make sure that you won't miss the bus again. Keep moving forward and seize every opportunity to improve yourself.

RUMI ONCE SAID, "WHEN YOU ARE ALONE, THAT IS BECAUSE GOD WANTS JUST YOU AND HIM."

That day, I knelt down and prayed to God, expressing my gratitude for all the blessings and love in my life. I believed that His love was boundless, like the countless stars in the universe. Little did I know that a lesson in gratitude awaited me the next day.

I woke up feeling unwell, experiencing a fever, headache, and body aches. Initially, I brushed it off as a common illness and carried on with my daily activities for the next three days, even attending my cousin's gathering. However, as the week progressed, my condition worsened. Realizing that it was no ordinary fever, I decided to seek medical help.

At the hospital, my platelet count was found to be significantly low, indicating a serious issue. I was admitted for proper care and treatment. The first day went by relatively smoothly, but deep down, my heart felt a sense of sadness and dissatisfaction, though I couldn't quite pinpoint why.

Then came the night when my nose started to bleed. The doctors declared it an emergency, as bleeding due to low platelet count is considered a critical stage for any patient. I was immediately transferred to the intensive care unit (ICU). It was a terrifying experience for both my worried relatives and my parents. I spent the next week overwhelmed, confined to the ICU, as my platelet count continued to decrease.

After enduring two weeks of solitude, I was finally moved to a recovery room. My

journey to regain my health was far from over, but the love and support of my family, as well as the dedicated medical staff, gave me strength. Each passing day brought me closer to recovery, and I learned to appreciate the smallest blessings in life.

Looking back on that challenging period, I can now understand the true significance of gratitude and the importance of cherishing every moment. It was a lesson I had to learn the hard way, but it has forever changed my perspective on life."

Only five minutes were allocated for my parents to visit me in the ICU. Every evening, I wept during my prayers, and when I saw my parents, it was difficult to handle. I know that reading about it seems easy, but experiencing such suffering is

incredibly challenging. However, all praise to God, now I have recovered.

The real purpose of this article is to define what I have learned from this difficulty. One day, while praying in the hospital's masjid, I asked God, "Oh Lord, why are you not answering me? Why, my Lord?" Then, as I returned to my room and watched the sunset, sudden thoughts came to my mind. "What have I learned from this experience?" "There must be a divine plan for my development." "God is so merciful; He is just trying to teach me some lessons. So, I shouldn't weep, but rather ponder upon the lessons hidden in this pain."

It was as if God had answered me, and from that point on, I focused on understanding the lessons that God had bestowed upon

me. I wanted to share these lessons with you.

Lesson Number 1:

Rumi once said, "When you are alone, that is because God wants just you and Him." This is the first lesson I learned. I was all alone, caught between life and death, and no one came.
Amidst my time in the hospital, I felt really alone, except for my parents. It was like being in a room all by myself, surrounded by chairs and an extra bed meant for visitors, but no one came. Even my little siblings were admitted, making it hard for my parents to be with me all day. Their presence meant the world to me, like a desert in desperate need of rain.

As I started feeling better, I eagerly waited for messages on my phone from people I used to chat with a lot. I hoped they would keep me company, but sadly, my wait was in vain. It was disappointing and shocking.

Yet, amidst the silence, I had a realization. Remember what Molana Rumi said, "You are not alone, the whole Universe lies within you." In that quietness, I sensed the presence of God. It was a feeling I hadn't felt before. In that silence, I found solace and felt God's love and support, like a guiding light.

So, even though I was physically alone, I discovered a deeper connection to something greater. I found comfort in the stillness and learned to rely on my own inner strength.

In the end, being alone taught me to appreciate solitude and find peace within myself. I held onto Molana Rumi's words, reminding myself that even in the silence, I could find a profound connection with the divine.

THE LOST LETTER

Emma was a talented journalist who knew her craft well. She lived in a lovely house with her husband, surrounded by a beautiful garden. It was a chilly day on January 18th, and Emma decided to wear a long black coat over her gray outfit to keep

warm. Since her office wasn't too far away, she preferred to walk there instead of taking any transportation.

Emma walked slowly, as the extreme cold made it difficult to move quickly. She hadn't been to the office in almost a week. Finally, after about 15 minutes, she arrived. Being the first one there, she unlocked the office and settled into her room.

As she sat there, Emma realized that there wasn't much work to do, which left her feeling a bit bored. But then something caught her eye - an old box sitting in a corner. Curiosity got the best of her, and she decided to explore its contents. Opening the box, she found a bunch of old coins, some gifts, and even an ancient letter. All of these things seemed to be connected to special memories from her past.

Emma's interest was piqued, and she couldn't help but dive into those memories. Each item in the box brought back a flood of emotions, reminding her of cherished moments. One particular item caught her attention - an old letter. She carefully held it in her hands, feeling a mix of excitement and curiosity.

Letter opened:

Hi greetings! I'm Doctor Yonus.... you are a fortune mother as Emma's eye operation get successful by the mercy of Lord Almighty. But Unfortunately, Mr. Philip your husband, will not be able to regain his sight as he selflessly donated his eyes to his daughter, Emma. It's a bittersweet situation, as Emma enters into a new world of vision while her father enters into a world of darkness. Love often demands sacrifice, and in this case, your husband's

act of love and sacrifice is truly remarkable.

Emma is now two years old, and it is advisable not to discuss the details of the operation with her at this young age. It may overwhelm her as she tries to comprehend her fate. As time goes by, she will come to understand and appreciate the gift her father has given her.
Thanks.... Doctor Yonus
Emma read the message without showing any signs of laughter or tears. She didn't have any tears in her eyes. She decided to hire a taxi and went to her hometown where her father's grave was located.

As she entered the graveyard, it suddenly started raining heavily. The raindrops felt

like precious gems, as if they were tears shed by Emma herself. When she reached her father's grave, she cried a lot. Her tears were more abundant than the raindrops, and she wept for a long time, expressing her deep sadness.

After being overwhelmed with stress for about 3 or 4 hours, Emma eventually fell asleep. In her dream, Mr. John, her father, appeared and gently wiped away her tears. He embraced her tightly and said, "I may have never seen your younger self, but my love for you has always existed. Your presence means more to me than any physical appearance."

You see, we all love God, but we can't see Him. True love doesn't rely on external beauty or looks; it is based on the connection and attraction between souls."

Love without sacrifice isn't love..

RUMI SAID, "SILENCE IS THE LANGUAGE OF GOD, ALL ELSE IS A POOR TRANSLATION."

God is most merciful, and His presence can be felt everywhere, in every form of beauty. We may not be able to fully define or comprehend God, but we can feel His love and experience His presence.

In our busy lives, it is easy to get caught up in worldly matters and give more attention to people and things around us. While it is not wrong to love and care for others, the real issue arises when we prioritize the world over our connection with the Almighty. During difficult times, it can feel like we are drowning in the ocean, left alone

and unnoticed by others. However, it is in these moments that a helping hand reaches out to us, pushing us up and guiding us towards our destiny against all odds.

God is always there to help us. We often call upon Him in times of difficulty, but then forget His presence and love when things become easier. God loves us and desires our attention, our focus on Him. He wants us to have a deep, personal connection with Him, especially in moments of silence when there are no distractions between us and God. It is in this silence that we can hear His voice and feel His closeness, where there is no room for rejection.

As the great poet Rumi said, "Silence is the language of God, all else is a poor translation." In silence, we can express our love for God, talk to Him like a foolish child,

sharing our deeds and desires in life. It is in this silence that we can hear His responses and feel His presence without any barriers.

This concept is at the core of Islam. Our beloved Prophet HAZRAT MUHAMMAD (peace be upon him) used to seek solitude and engage in meditation. During one such meditation, the Angel Jibral informed him that God had chosen him for a special purpose.

Throughout history, wise thinkers, philosophers, and scientists have emphasized the importance of solitude and being alone. It is in these moments of silence that ideas flourish and wisdom is gained. As Nikola Tesla said, "Be alone, that is when ideas come."

In silence, we not only talk to God but also to our own souls, giving them the attention and care they need. Without this connection, we cannot find true inner peace. In the pursuit of modernity, we have gained luxurious houses and gadgets, things that past generations couldn't even dream of. Yet, we often lack internal peace because we have distanced ourselves from spirituality and faith.

If you desire a good day, start by talking to God. If you want a peaceful night, end your day by connecting with Him. And if you seek a good life, make it a habit to talk to God every day.

I Left everything for him:

The Sky was red due to sunset and the air was cold and freezy. But the presence of Imam Rumi made my zone comfort and pleasant. I said "Imam, I look at these cats; one put leather on other cat by leaving it's own; how beautiful is love" - I said that love kills our body sensors; In love a lover hasn't feeling of success, failure, cold, warm and pain.

What is it and how strong it may be? Imam Rumi gave a beautiful and charming smile. He became silent for some minutes then said that there is no definition of love but it is a feeling that is above our minds, our hearts and bodies. It hasn't relation with any of them. Actually it is a mystery. It's Best example is attraction between God and us.

How Big is the universe? I said, the universe has no limits, it is infinite. Imam said that this infinite is made for us. God made these stars, galaxies and clusters for us. All infinite brightness is for us. This is Gift from God to us. He made everything for us.

Your face, eyes, mind, heart - all is a gift from God. All this is a Gift of God for our souls. Look at yourself; your heart carries all emotions. Your face carries all the brightness of the universe; your eyes is a map of this universe and your mind is infinite. All this is from God. But this love is incomplete.

I said: How! Everything is made for us - this should be complete love.

Imam Rumi said that this love will be complete when you say "*God made*

everything for me and I left everything for God". This is actual love - this is mission of life - Surrender to God and love him. everything that bring you far from him; leave them.

Leave everything and then you will see that others can't see.

I smiled with weight of tears in my eyes.

Short Life

There was a small village located in a valley between high mountains. It was a small populated community. Most of the villagers were wealthy landlords. However, there was one family that lived below the poverty line.

This family had migrated from another valley and was struggling to make ends meet. The family consisted of two children—a brother and a sister, Umer and Fatima.

The two siblings were best friends. They grew up in the beautiful valley, where the evening sky turned reddish with the setting sun. All the children of the village would gather to play in the evenings. One evening, Umer and Fatima approached the other children and asked if they could join their football game. The children agreed and allowed the siblings to play along.

During the game, Umer displayed remarkable skill and scored five goals. Impressed by his talent, some of the children became his friends. The next day, Umer played again and scored even more goals. However, this time, one of the

children from the opposing team became jealous and angry. In a fit of rage, he slapped Umer. —He was beaten by members of both the opposing team and his own.

Fatima, his younger sister, tried to help him and shouted for assistance, but no one came to their aid. The next day, Umer, deeply hurt and emotional, decided not to join the children in their games. Instead, he kept to himself, selling vegetables to support his family.

Fatima, on the other hand, found some friends of her own. Every evening, she would climb the mountains to play with them. While Fatima tried to enjoy her time, Umer continued to feel isolated and lonely, as he had no friends to share his days with. Every evening, he bought candies by selling

vegetables. He would place them on the ground before the children arrived, where he had been beaten. When his sister came home, he gave all the candies to her but never ate a single one himself.

This routine continued for two months. All the children became happy because they got free candies every day.
One evening there were no candies and Fatima were going to home weeping.They stopped her and asked, "Why are you so sad?"

She replied, "My brother, Umer, passed away today. He was a patient, and he knew he had only two months left to live. He wanted to enjoy these days but also wanted to make others happy. So, he bought candies for you all to bring smiles to your

faces. He also gave me a lot of candies to make me happy.

Today, he’s gone. The world didn’t make him happy, but he still tried to spread happiness to others."

Fatima ran to her brother's grave, knelt at its edge, and kissed the sand covering it.

"Become kind and forgive people before it’s too late."

THE END